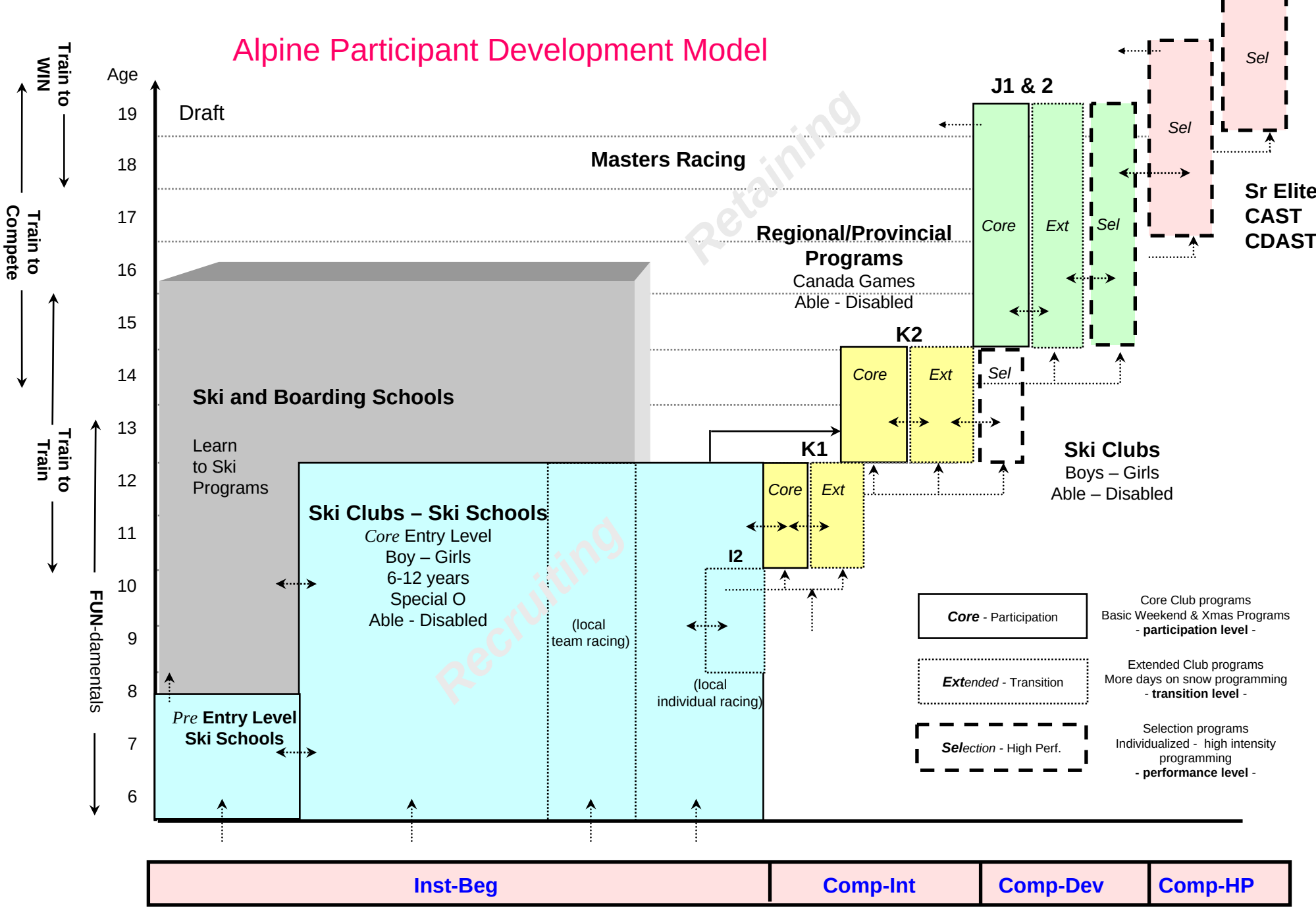Alpine Participant Development Model