

## **D – Team - Race Team Testing Information 2006-07**

### **Testing Dates & Information:**

- Saturday December 2<sup>nd</sup> – 1:30 pm – 4:30 pm
- Saturday January 20<sup>th</sup> – 1:30 pm – 4:30 pm
- Saturday February 10<sup>th</sup> – 1:30 pm – 4:30 pm
- End of season date TBA (dependent on snow)

Testing criteria has been developed by the Race Team Head Coach Matt Roth and the J 4-5 Head Coach Dolores Poodts, along with suggestions from the other members of the coaching staff. The criteria has been “tested” upon a cross section of current race team athlete’s to ensure that all tests are achievable by those D-Team kids with the desired level of skill. The SSRT coaching staff has decided to this use method of testing in recognition of the proper sequence which athlete development should follow at the entry level (D-Team). The Race Team coaching staff through this evaluation will identify those athletes who have achieved a strong level of skill development on the D-Team. These athletes are then moved on to the Race Team to further challenge and develop these skills. It is our goal to ensure that this style of testing will provide a fair and unbiased evaluation for all D-Team kids. Please see attached articles for further parent information.

### **Testing Criteria:**

There are 12 possible skills tests which have been outlined for the D-Team coaches. Each D-Team test will consist of 6 of these individual skill tests. Athletes participating in the examination will need to pass 4 of the 6 tests. (*See attached articles*)

### **Other discretionary criteria:**

- Age: athletes aged 9 yrs old and above (J5), will be preferred for race team selection.
- Athletes aged less than 9 yrs will need to be able to participate in the “Full Time Race team” program of 5 days per week and/or have displayed an exceptional level of maturity, skill, work ethic and fitness while on the D-Team.
- Final decisions of all D-Team to Race Team move up will be subject to the discretion of the Head Coach/J 4-5 Head Coach.

### **Definite criteria:**

- No member of the D-Team may move on the race team, without the written authorization of;
  1. SSRT Head Coach - Matt Roth
  2. SSRT Head J 4-5 Coach - Dolores Poodts
  3. D-Team administrator - Mike Kompaniez

Written authorization will be given to the President of the SSRT and the D-Team/Race Team administrator within 1 week of testing. Move ups will then be posted online on the race team website: